

GARMIN inReach SE+ Your GARMIN inReach SE+ needs to be turned on.

The SE+ needs a clear view of the sky for best signal. The most favoured position is on top of your camelback or backpack (or just inside the top pocket of your pack), or the least favourable position is in your rear pocket of your pack.

Only if the unit is mounted correctly can we receive consistent data from you.

The unit is not to be allowed to swing loosely. **Protect the unit it may save your life!**

A brief description of the Preset Messages for communication are as below. To send a Preset Message – 1. From the Main Screen select **Preset** – 2. Select **Send** next to the desired message.

- **Level 1 = Checking in all OK. TrackMe GPS Safety**
- **Level 2 = I am checking out for the day, all OK. TrackMe GPS Safety**
- **Level 3 – HELP = Please send HELP to this location, we are stuck and unable to continue. Non-Medical.**
- **Level 4 – SOS (SOS Emergency) Lift the cap on right hand side to access SOS Button, and press and hold the SOS button. Wait for the SOS countdown. Only send an SOS in an emergency = I require immediate Medical support at this location.**

DO NOT SWITCH THE UNIT OFF UNLESS INSTRUCTED

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