

SPOT G3 Messenger – video on use at www.spotnz.com/videos.html

Your SPOT G3 Messenger needs to be switched on and live tracking enabled. The GPS tracker needs a clear view of the sky for best signal, SPOT Logo up. The most favoured position is on top of your camelback or backpack (or just inside the top pocket), or the least favourable position is in your rear pocket.

Only if the unit is mounted correctly can we receive consistent data from you.

The unit is not to be allowed to swing loosely. Cable ties are provided for secure attachment and the pouch has loops for cable ties. **Protect the unit it may save your life!**

A brief description of the levels of communication are as below:

- **Level 1 – OK Button = On Start line and finish of day, message all OK. This checks you in and out of the course**
- **Level 2 – Custom (speech bubble) button = In have reached an Aid Station and stopping for a short while**
- **Level 3 – HELP (helping hands) Button = I am unable to continue and need to be picked up from nearest location. Non-urgent injury.**
- **Level 4 – SOS (SOS Emergency) Button = I need immediate medical assistance at this location**

The unit is to remain in its plastic seal until HELP or SOS is required. If broken see our Staff.

DO NOT SWITCH THE UNIT OFF UNLESS INSTRUCTED BY A MARSHALL OR SPOTNZ

Note each message sends in priority to the one before, each message can be cancelled should help arrive and the problem be resolved, this is done by pressing the relevant message button until it goes red.

Tracking then needs to be restarted.

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