

SPOT G3 Messenger – videos at <https://trackme.nz/how-to-videos/>

Your SPOT G3 Messenger needs to be switched on and live tracking enabled (the footprint). The GPS tracker needs a clear view of the sky for best signal, SPOT Logo up. The most favoured position is on top of your camelback or backpack (or just inside the top pocket of your pack), or the least favourable position is in your rear pocket of your pack.

Only if the unit is mounted correctly can we receive consistent data from you.

The unit is not to be allowed to swing loosely. **Protect the unit it may save your life!**

A brief description of the levels of communication are as below:

- **Level 1 – OK Button = Checking in all OK. TrackMe GPS Safety**
- **Level 2 – Custom (speech bubble) button = I am checking out for the day, all OK. TrackMe GPS Safety**
- **Level 3 – HELP (helping hands) Button = Please send HELP to this location, we are stuck and unable to continue. Non-Medical.**
- **Level 4 – SOS (SOS Emergency) Button = I require immediate Medical support at this location.**

The unit is to remain in its plastic seal until HELP or SOS is required (Lift flap to access the HELP or SOS).

DO NOT SWITCH THE UNIT OFF UNLESS INSTRUCTED

Note each message sends in priority to the one before, each message can be cancelled should help arrive and the problem be resolved, this is done by pressing the relevant message button until it goes red.

Tracking then needs to be restarted.

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