

TRACKME ADVENTURE

GO-4-12 ADVENTURE RACE YOUTH

15th – 16th March 2025

6 Hour Adventure

The GO-4-12 6-Hour will see competitors from around New Zealand facing challenging tasks which could include Biking, Trekking, Abseiling, Orienteering, Archery and more.

The event is an authentic adventure race with the core disciplines consisting of mountain biking, walking/running, rope skills and navigation. The race is 6 Hours in duration and the teams of four will face both physical and mental challenges while covering a picturesque course designed by experienced adventure racers. It is a point's race; teams try to collect as many points as possible in allocated 6 hours.

The competitors will be young people who enjoy fun and adventure and are able to mountain bike, kayak and walk for extended periods of time.

Event details:

- Teams of 3
- Single-gender or mixed
- Eligibility: Secondary School Students from Years 9 and above.
- Designed to be fun with lots of different activities, biking, navigation, kayaking.
- Support crew required (at least 1 adult support crew)
- Awards and prizes for first in each division.
- Spot prizes

The competitors will be young people who enjoy fun and adventure and are able to mountain bike, kayak and walk for extended periods of time. At least one member of each team must be a confident navigator.

There are three categories:

- Male (must all be biological males)
- Female (must all be biological females)
- Mixed (must include at least one biological male and one biological female).

Participants who indicate on their entry form that they are 'other' will race in the mixed category.

Event Location: [Tukituki Camp](#) 70 Moore Road, Haumoana 4172 Hawkes Bay. Accommodation is not included in entry fees.

Saturday 15th March 2025

from 3:00 pm onwards Competitors can check into the event location – please go to registration if staying overnight to check in.

4:00 pm – 6:00 pm Registration and Gear Check

6:00 pm Dinner

7:00 pm Race Briefing

Sunday 16th March 2025

The race will commence at **9.00 am** and conclude at **3.00 pm** the same day. – start and finish time is subject to change.

3:20 pm approx. Prizegiving (this will take place near the finish line).

Fees: Please see website for entry fees and additional fees – the team entry fee includes Saturday night dinner for 3 team members and 1 support person. Extra dinners for Saturday night for additional support crew/parents etc can be ordered on the entry form. Accommodation is not included in entry fees. Fees are due on receipt of invoice.

Entries: Entries are online through the website <https://go412.co.nz/>

Rules & Regulations: please ensure you read and understand the Overall Rules and Regulations - go to “Event Info” on the website

Accommodation: At Event Location [Tukituki Camp](#) 70 Moore Road, Haumoana 4172 Hawkes Bay see additional fees on the website for accommodation if staying on site. – Note accommodation is not included in entry fees. There are showers and toilets.

Meals: There is a pre-race dinner provided on Saturday night at the event (this dinner is part of the entry fee for the 3 team members and 1 support person), tickets/arm bands will be issued with your race pack. Extra tickets/arm bands are available for additional support crew/s and other spectators to purchase with entry. *Please advise us if you have any dietary requirements for meals provided (gluten free etc).* You need to be self-sufficient for all other meals, food.

GO-4-12 6 Hour Adventure Compulsory Equipment:

Please read carefully

Significant time penalties will be applied for breaching any of the following requirements:
Compulsory team equipment **must be carried at all times** by teams.

COMPULSORY TEAM AND PERSONAL EQUIPMENT	
First Aid Kit (please make sure this is a comprehensive kit – suggestions are listed below)	1 Per Team
Compass (orienteeing style thumb compass or a field compass with rotating dial.)	2 Per Team
Lighter or waterproof matches	1 Per Team
Survival Blanket	1 per member
Thermal (polypropylene, merino) top – long sleeves	1 per member
Thermal (polypropylene, merino) bottom – long pants	1 per member
Fleece Top (100 series weight min) long sleeves	1 per member
Fleece or woollen hat	1 Per member
Whistle	1 per member
Polypropylene or wool gloves	1 pair each
Waterproof Jacket (must be seam sealed)	1 per member
Multipurpose knife (eg Swiss army)	1 per team
Cell Phone in a zip lock bag or similar (fully charged battery)	1 per team
Headlamp and adequate batteries for whole night	1 per member
Kayaking Section– (additional equipment for activity)	
Appropriate clothing – you may get wet, also a dry bag is a good idea	
*PFD – Personal Flotation Device	1 per member
All other equipment for kayaking will be provided	
Mountain Bike (additional equipment for activity)	
Mountain Bike	1 per member
Cycle Helmet (Please make sure this suitable for Mountain Biking)	1 per member
Rear red strobe lights (flashing)	1 per bike
Front Light (bike or helmet mounted)	1 per bike
Trek (additional equipment for activity)	
Suitable backpack	1 per member

*if there are items that you can't supply for your team, please speak to the Event Director in advance so we can help you source what you need.

You should carry out the following Safety Checks on your bike.

Mountain Bike	
Cycle Helmet – safe to wear and no cracks in the cover	1 per member
Headset is tight	Per bike
Brakes work	Per Bike
Wheels are safe	Per Bike
Tires are in a safe condition	Per Bike
Nothing is bent on bike	Per Bike

Suggested First Aid

Alcohol wipes (10), Tweezers, Betadine for grazes, Crepe bandages (1x10 cm; 1x15 cm), Saline (30 ml), Triangular bandages cloth (2) (sterile), Pain relief (e.g. Paracetamol), Plastic strip dressing (10–12 band-aids), Antihistamine cream (10), Dressing strip, Non-adherent sterile dressings (3 large), Gauze dressings (6) Wound dressing (size 15, sanitary pad), Disposable CPR face shield, Sticking tape (1 roll), Safety pins, Butterfly closures (1 pouch), Needle, Scissors, Notebook, Pencil, Disposable gloves

What is our vision?

We want to challenge and to grow young people through a quality adventure race, that will inspire trust, teamwork and self-belief in an environment that embodies and promotes holistic growth and healthy competition.

The 6 Hour Adventure Race is designed to be fun and will test and grow teamwork, problem solving and perseverance. The 6 Hour Adventure Race is more physically demanding than the 3-hour event and provides a bridge into the 12 Hour Event. The event was developed as it was identified that 12 hours was a bit daunting for many competitors, so we created an event that can be completed by most active teenagers.

Early Bird Entry must be received and paid for by - close midnight Thursday 6th February 2025

Standard Entry must be received and paid for by - close midnight Thursday 6th March 2025

We rely on the outdoor community to support this event for the youth in NZ. Come and be part of this great event. Contact us to be involved.

Teachers and parents who would like to help out during the event, please contact us.

For more information contact:

David & Tanya Tait
Email: go412adventure@xtra.co.nz

0273 6000 86 David
027 651 6813 Tanya

Postal Address:
32 Kirkwood Road
Flaxmere
Hastings 4120



Please note: The weekend schedule for the 2025 event is a continual work in progress, please check the website for updates.