

# 16th March 2025

## **3 Hour Explorer**

The 3 Hour Explorer is designed to be a fun introduction to Adventure Racing and can be achieved by any kid of any fitness, the focus is on fun and will have lots of stationary challenges. It is suitable for any youth of any experience or fitness level.

## Event details:

- Teams of 2
- Single-gender or mixed
- Eligibility: It is open to all NZ equivalent school Years 7-10
- Designed to be a fun introduction to adventure racing with lots of different activities (no biking).
- No support crew needed during the race
- Medals for first in each division.
- Spot prizes

There are three categories:

- Male
- Female
- Mixed

Event Location: <u>Tukituki Camp</u> 70 Moore Road, Haumoana 4172 Hawkes Bay.

Optional Saturday Accommodation if required: If you are wanting to camp at Tukituki Camp – please contact us <u>go412adventure@xtra.co.nz</u> to enquire, there is also a meal on Saturday night. Accommodation is \$18 per person and meals are \$23 per person.

## Times:

## Sunday 16<sup>th</sup> March 2025

9:30 am Registration and Briefing. (Note – this maybe at a different location than the Tukituki Camp - TBA) The race will commence at 10 am and conclude at 1pm the same day.
1.15 pm approx Prizegiving (this will take place near the finish line).

Fees: Please see website for entry fees, fees are due on receipt of invoice.

Entries: Entries are online through the website <a href="https://go412.co.nz/">https://go412.co.nz/</a>

**Rules & Regulations:** please ensure you read and understand the Overall Rules and Regulations - go to "Event Info" on the website

## GO-4-12 Explorer 3 Hour clothing guide:

## DRESS FOR THE CONDITIONS AND HAVE WARM GEAR, WATER AND FOOD AVAILABLE.

SUGGESTED CLOTHING GUIDE	
Race clothing (to be active) – avoid cotton.	
Thermal (polypropylene, merino) top – long sleeves	1 per member
Thermal (polypropylene, merino) bottom – long pants	1 per member
Fleece Top (100 series weight min) long sleeves	1 per member
Fleece or woollen hat	1 Per member
Polypropylene or wool gloves	1 pair each
Waterproof Jacket	1 per member
Cell Phone in a zip lock bag or similar (fully charged battery)	1 per team
Sturdy Shoes	1 pair each

#### What is our vision?

We want to challenge and to grow young people through a quality adventure race, that will inspire trust, teamwork and self-belief in an environment that embodies and promotes holistic growth and healthy competition. The twelve-hour event is designed to challenge competitor's perseverance, teamwork and to stretch them both mentally and physically.

The 3 Hour Explorer is designed to be a fun introduction to Adventure Racing and can be achieved by any kid of any fitness, the Focus is on fun will have lots of stationary challenges. The 6 Hour Adventure event is more physically demanding than the 3 hour and provides a bridge into the 12 Hour Event and was developed as it was identified that the 12 hour was a bit daunting for some students.

## Early Bird Entry must be received and paid for by - close midnight Thursday 6th February 2025 Standard Entry must be received and paid for by - close midnight Thursday 6th March 2025

We rely on the outdoor community to support this event for the youth in NZ. Come and be part of this great event. Contact us to be involved.

#### For more information contact:

David & Tanya Tait Email: go412adventure@xtra.co.nz

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*Please note: The weekend schedule for the 2025 event is a continual work in progress, please check the website for updates.*