



**23<sup>rd</sup> April 2022**

### **3 Hour Explorer**

The 3 Hour Explorer is designed to be a fun introduction to Adventure Racing and can be achieved by any kid of any fitness, the focus is on fun and will have lots of stationary challenges. It is suitable for any youth of any experience or fitness level.

#### **Event details at a Glance**

- Teams of 2
- Single-gender or mixed
- Eligibility: It is open to all NZ equivalent school Years 7-10
- Designed to be a fun introduction to adventure racing with lots of different activities (no biking).
- No support crew needed during the race
- Medals for first in each division.
- Spot prizes

There are three categories:

- Boys
- Girls
- Mixed

#### **Times:**

**Saturday 23<sup>rd</sup> April 2022**

**9:30 am** Registration and Briefing.

The race will commence at **10 am** and conclude at **1pm** the same day.

**1.15 pm approx** Prizegiving (this will take place near the finish line).

**Location:** Guthrie Smith Education Centre, Tutira Hawkes Bay

**Fees:** Please see website for entry fees

**Entries:** Entries are online through the website <https://go412.co.nz/>

**Rules & Regulations:** go to "Event Info" on the website

**Optional Friday Accommodation if required:** This is additional to your entry fee, please contact us for further information.

#### **Covid-19 Information:**

The board of School Sport NZ have confirmed that all School Sport NZ sanctioned events in Term 1 2022 (including the term 1 holidays) will be restricted to fully vaccinated participants, aged 12 and over, only.

The Team at the GO-4-12 Youth Adventure Race have been working hard to ensure that we are able to run a fun and safe event for our participants and this will mean some changes to what we normally do. Please note that in order to hold the event we need all people present at the event to be vaccinated and to have and present their My Vaccine Pass.

These are the measures in place for the 2022 Event.

- We will require all people present at the event (over the age of 12 and 3 months) to have and present their **My Vaccine Pass**.
- We will be asking all involved, schools, supporters, volunteers, staff and teams to establish bubbles.
- We will be limiting numbers that gather, be using masks and following the guidelines that have been put in place by the Government.
- We will be starting the events in waves, with Female, Male and Mixed Teams being separated at the start.
- Masks will be used at special activities, where there is an interaction between bubbles.
- Registrations, Gear Checks and Briefings will be structured in line with the Government recommendations.
- Spot prizes will be given out at registration for all events
- The Prize Giving for both the 3 and 6 Hour events will be held outside on Saturday as per normal with masks to be worn and social distancing as per guidelines
- There will be no dinner provided on Friday night so you will need to be self-sufficient for all your meals and stay within your bubble.

#### **GO-4-12 Explorer 3 Hour Clothing guide**

**DRESS FOR THE CONDITIONS AND HAVE WARM GEAR, WATER AND FOOD AVAILABLE.**

| <b>SUGGESTED CLOTHING GUIDE</b>                                 |              |
|---|--------------|
| Race clothing (to be active) – Avoid cotton.                    |              |
| Polypropylene top – long Sleeves                                | 1 per member |
| Polypropylene bottom – long pants                               | 1 per member |
| Fleece Top (100 series weight min) long sleeves                 | 1 per member |
| Fleece or woollen hat   | 1 Per member |
| Polypropylene or wool gloves                                    | 1 pair each  |
| Waterproof Jacket   | 1 per member |
| Cell Phone in a zip lock bag or similar (fully charged battery) | 1 per team   |
| Sturdy Shoes  | 1 pair each  |

What is our vision?

We want to challenge and to grow young people through a quality adventure race, that will inspire trust, teamwork and self-belief in an environment that embodies and promotes holistic growth and healthy competition. The twelve-hour event is designed to challenge competitor's perseverance, teamwork and to stretch them both mentally and physically.

The 3 Hour Explorer is designed to be a fun introduction to Adventure Racing and can be achieved by any kid of any fitness, the Focus is on fun will have lots of stationary challenges. The 6 Hour Adventure event is more physically demanding than the 3 hour and provides a bridge into the 12 Hour Event and was developed as it was identified that the 12 hour was a bit daunting for many competitors.

**We rely on the outdoor community to support this event for the youth in NZ. Come and be part of this great event. Contact us to be involved.**

**For more information contact:**

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**<https://go412.co.nz/>**

*Please note: The weekend schedule for the 2022 event is a continual work in progress, please check the website for updates.*