



18th April 2020

3 Hour Explorer

The 3 Hour Explorer is designed to be a fun introduction to Adventure Racing and can be achieved by any kid of any fitness, the focus is on fun and will have lots of stationary challenges. It is suitable for any youth of any experience or fitness level.

Event details at a Glance

- Teams of 2
- Single-gender or mixed
- Eligibility: It's open to all NZ equivalent school Years 7-10
- Designed to be a fun introduction to adventure racing with lots of different activities (no biking).
- No support crew needed
- Medals for first in each division.
- Spot prizes

There are three categories:

- Boys
- Girls
- Mixed

Times:

Saturday 18th April 2020

8:30 am Registration and Briefing

The race will commence at **9 am** and conclude at **12 noon** the same day.

12.30 pm approx Prizegiving

Fees: Please see website for entry fees

Entries: Entries are online through the website <https://go412.co.nz/>

Rules & Regulations: go to "Event Info" on the website

***Optional Friday Accommodation if required:** (This is additional to your entry fee, please purchase with your entry) Friday night tenting - Teams must supply their own tents or caravan or camper van bedding etc. Boys and girls must sleep in separate tents/caravans etc UNLESS supervised by an adult.

***Optional Friday Meal if required:** There is a meal provided on Friday night at 6pm– (this is additional to your entry fee. Please purchase meal tickets with your entry). *Please advise us if you have any dietary requirements (gluten free etc).* You need to be self-sufficient for all other meals, food.

**these are optional if you are wanting to stay onsite on Friday night for your event starting Saturday morning*

GO-4-12 Explorer 3 Hour Clothing guide

DRESS FOR THE CONDITIONS AND HAVE WARM GEAR, WATER AND FOOD AVAILABLE.

SUGGESTED CLOTHING GUIDE	
Race clothing (to be active) – Avoid cotton.	
Polypropylene top – long Sleeves	1 per member
Polypropylene bottom – long pants	1 per member
Fleece Top (100 series weight min) long sleeves	1 per member
Fleece or woollen hat	1 Per member
Polypropylene or wool gloves	1 pair each
Waterproof Jacket	1 per member
Sturdy Shoes	1 pair each

What is our vision?

We want to challenge and to grow young people through a quality adventure race, that will inspire trust, teamwork and self-belief in an environment that embodies and promotes holistic growth and healthy competition. The twelve-hour event is designed to challenge competitor's perseverance, teamwork and to stretch them both mentally and physically.

The 3 Hour Explorer is designed to be a fun introduction to Adventure Racing and can be achieved by any kid of any fitness, the Focus is on fun will have lots of stationary challenges. The 6 Hour Adventure event is more physically demanding than the 3 hour and provides a bridge into the 12 Hour Event and was developed as it was identified that the 12 hour was a bit daunting for many competitors

We rely on the outdoor community to support this event for the youth in NZ and Australia. Come and be part of this great event. Contact us to be involved.

For more information contact:

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<https://go412.co.nz/>

Please note: The weekend schedule for the 2020 event is a continual work in progress, please check the website for updates.